


Are you only defined by your challenges? So what's holding you back?




Leanne Potroz
previously weighed
155 kilos
Now she doesn't



Too old?
Or future
world champions!



Alex James-Boak
has a rare
genetic disorder
And?




Jacob Simpson
has polycystic
kidney disease
But he still trains
with the other kids



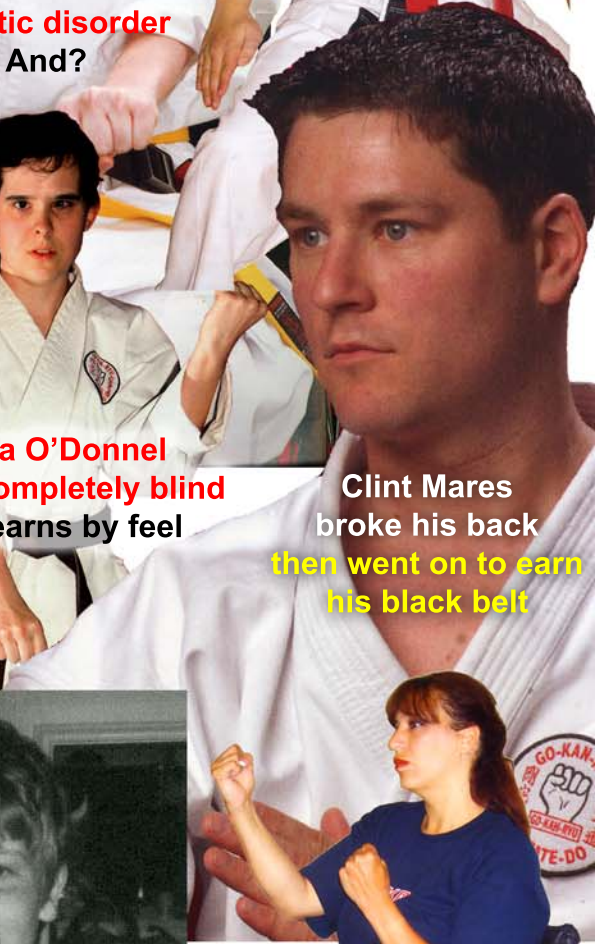
Chris Allen
has severe diabetes
and he's an instructor




Fiona Owens
is epileptic
but so what?




Rebecca O'Donnel
is almost completely blind
so she learns by feel



Clint Mares
broke his back
then went on to earn
his black belt




Patricia C Russo
started training aged 55
and earned her black belt
five years later



Too young?
Or the next
Bruce Lee!



Ben Pearce
is severely autistic
But he doesn't just
stay at home



Maria Palacios
is in a wheelchair
but she's not
confined by it!